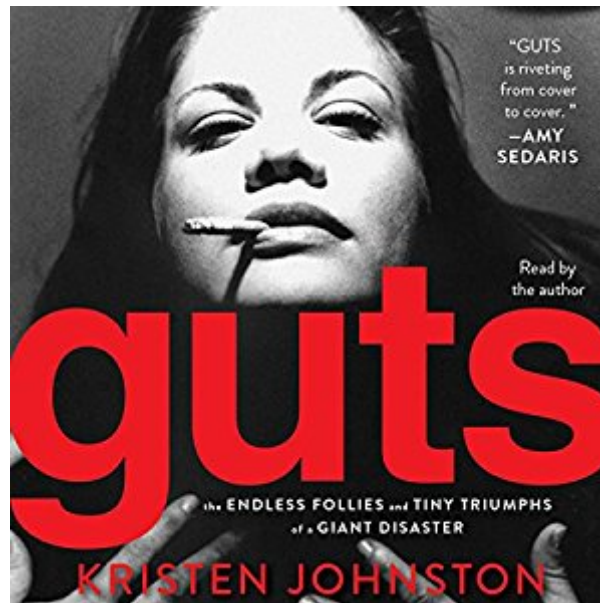




Ebook Directory
the best source of ebook

The book was found

Guts: The Endless Follies And Tiny Triumphs Of A Giant Disaster



Synopsis

"It felt like I was speeding on the Autobahn toward hell, trapped inside a DeLorean with no brakes. And even if I could somehow stop, I'd still be screwed, because there's no way I'd ever be able to figure out how to open those insane, cocaine-designed doors." The two-time Emmy Award-winning actress has written her first book, a surprisingly raw and triumphant memoir that is outrageous, moving, sweet, tragic, and heartbreakingly honest. *Guts* is a true triumph - a memoir that manages to be as frank and revealing as Augusten Burroughs, yet as hilarious and witty as David Sedaris. With *Guts*, Johnston takes us on a journey so truthful and relatable, so remarkably fresh, it promises to stay with the listener for a long, long time.

Book Information

Audible Audio Edition

Listening Length: 4 hours and 21 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Simon & Schuster Audio

Audible.com Release Date: March 13, 2012

Whispersync for Voice: Ready

Language: English

ASIN: B007JQN7Z8

Best Sellers Rank: #116 in Books > Audible Audiobooks > Biographies & Memoirs > Entertainers & Celebrities #158 in Books > Biographies & Memoirs > Leaders & Notable People > Rich & Famous #288 in Books > Audible Audiobooks > Biographies & Memoirs > Personal Memoirs

Customer Reviews

First, let me say that Kristen Johnston is one of those rare people that enrich the lives of others simply by being here. Her comedic timing and acting talent aren't the end of it. She writes, she designs, she teaches. All while being a beautiful person that is uncomfortable with being beautiful. (shut up, Kristen, You're beautiful with a capital "B")oh, ok, that's out of the way. This book. If you do not buy this book, or read this book, or conk your friend over the head to get their copy of this book, then you have done yourself a grave disservice. I'm not saying this because its well written (it is), or its about someone talented (it is), or its an autobiographical look at their life (it is).But.But. There is a strength and a fragility intertwined that is the backdrop to Kristen's search for herself. IN the beginning, she hides herself from herself and others. She does a bang up job of that. Emphasis on

the "bang up" part. She takes us along for the ride, and it's a warts and all (or pwnk and all) stark unmasking of what she finds at the end of her facade. It's the same journey and station stop we all will make eventually. Where we finally measure ourselves accurately, find ourselves wanting, and then find a way to love ourselves anyway. And, because we figure out how to love ourselves, we remake us into US in a way that is better for those around us. It is the ultimate human journey. Without being a philosopher, She holds up a mirror to herself, and looking over her shoulder, we see the mirror into ourselves, as well. I could go into details of the book, but that would be ruining it for you. I will, however, give you one piece of advice: If you start to read this, make sure to block out some time or you will have to forego sleep. Well played, Kristen, well played. I didn't really need the sleep anyways.

I don't typically read autobiographies, and never the "celebrity" ones. However, I saw Kristen on "Anderson" and was captured by her reading of some of the passages in the book. So, I took a chance and bought it for my Kindle. (Hey, I was interested, but did I really want it in hardcover FOREVER? So, I bought the e-version) I bought it yesterday and finished it this morning. (My addiction...speed reading. Everyone has at least one.) It was entertaining, and enlightening. I would say there was definitely no "ghost writer" on this one, as her personality and sense of the absurd comes through very clearly. She is harsh with herself and yet honest about everything she put herself and others through with her addictions. There are so many "life lessons" in this book, but I think the most important one is to make sure you love yourself, and worry less about getting approval from others. In the beginning, she states everyone has (or has had) an "addiction". I thought it was an absurd statement, until I read the list and looked at all the musical instruments I have (43, at last count). It's just some "addictions" are more benign (I save for them), than others. It was eye opening. We all have something we "obsess" over just a wee bit. Some have more than others. Some are not benign. I'd highly recommend it. It'll probably never be considered "literature", and there are no "celebrity secrets" (other than her own), but it made me think and feel, and reflect on how our treatment of others can be insignificant to us and yet so harmful to them. It's always a good book that makes you think AND feel, reflection is just a bonus.

I am not much of a Hollywood Bio reader. I read this book because Ms. Johnston, has Lupus. I have Lupus, and run an online support community for people with this disease. That said, this book is a must read. Full of grit, raw emotion, brutal self-deprecating honesty, and so much more. I was enthralled with the book from the beginning, and it just got better the more I read. I have never read

a book where the medical community was described with such succinct brilliance. I have never been to England, but do have doctors that call England home, and the descriptions are all spot on. Thank you Kristen for putting it out there like you did. Brutal honesty. And seriously? the title is perfect for this book. Now to read it again so I can pick up all of the nuances that I missed the first time.

[Download to continue reading...](#)

Guts: The Endless Follies and Tiny Triumphs of a Giant Disaster Tiny Houses: Minimalistâ™s Tiny House Living (Floor Plans Included) (tiny house construction, tiny homes, tiny house design, small houses, small homes, tiny house building, tiny house lifestyle, micro homes) Tiny Houses: Everything You Need to Know before Buying a Tiny House (Tiny Houses, Tiny House Living, Tiny Homes, Tiny House) Tiny Houses: The Ultimate Beginner's Guide! : 20 Space Hacks for Living Big in Your Tiny House (Tiny Homes, Small Home, Tiny House Plans, Tiny House Living Book 1) Flemish Giant Rabbits: Flemish Giant Rabbit Breeding, Buying, Care, Cost, Keeping, Health, Supplies, Food, Rescue and More Included! A Complete Flemish Giant Rabbits Pet Guide Tiny Homes: Build your Tiny Home, Live Off Grid in your Tiny house today, become a minamilist and travel in your micro shelter! With Floor plans Tiny Houses : Beginners Guide: Tiny House Living On A Budget, Building Plans For A Tiny House, Enjoy Woodworking, Living Mortgage Free And Sustainably ... Design, construction, country living Book 1) Tiny Houses: An Essential Guide to Tiny Houses with Examples and Ideas of Designs (Tiny House Living, Shipping Container Homes Book 1) Tiny Houses: The Perfect Tiny House, with Tiny House Example Plans Tiny Houses: The Definitive Build Manual Of A Tiny Home Specializing In Sustainable Tiny House Living Tiny House: The Definitive Manual To Tiny Houses: Home Construction, Interior Design, Tiny House Living Tourism and Ecotourism in Nigeria: Travel, Discover touristic sights in Nigeria, Giant of Africa with giant of attractions Tiny and Full: Discover Why Only Eating a Vegan Breakfast Will Keep You Tiny and Full for Life The Tiny House: Steps and Tips on How you can build a tiny house quickly and save money The Giant Book of Standards Sheet Music: Easy Piano (The Giant Book of Sheet Music) The Giant Book of Christmas Sheet Music: Easy Piano (The Giant Book of Sheet Music) The Giant Book of Christian Sheet Music: Easy Piano (Giant Book of Sheet Music) The Giant Classic Rock Piano Sheet Music Collection: Piano/Vocal/Guitar (The Giant Book of Sheet Music) The Giant Book of Movie & TV Sheet Music: Piano/Vocal/Guitar (The Giant Book of Sheet Music) The Giant Pop & Rock Piano Sheet Music Collection: Piano/Vocal/Guitar (The Giant Book of Sheet Music)

Contact Us

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)